Key Terms for Employers: An overview of terms when working with individuals with disabilities and Employment Specialists

Andrew Russo, B.S., Employment Specialist & Zach Sneed, B. A., Employment Specialist Virginia Commonwealth University Research Rehabilitation Training Center

1

Overview

- Person-First Language
- Disabilities
- Job Coach role and terms
- Working with People with Disabilities
- Types of Employment



Person First Language

- Puts a person before a diagnosis
- Describes what a person "has" rather than what a person "is"
- Intended to avoid marginalization or dehumanization

Example: "Stacy has autism" rather than "Stacy is autistic"

3

Disability

"A physical or mental condition that limits a person's movement, senses or activities."

- **Physical Disability** can affect an individual's mobility, stamina, or dexterity.
 - Ex: brain or spinal injuries, cerebral palsy, respiratory, visual or hearing
- Intellectual Disability affects an individual's ability to think and understand. Life skills that can be impacted include certain conceptual, social, and practical skills.
 - Ex: ASD, Down Syndrome, or Developmental Delay



The Job Coach's Role

- Job Coach: A person who helps train an employee on their role and develops necessary accommodations towards gaining independence.
 - Ex: Job Exploration, Situational Assessment, Fading, Follow-Along
- Reasonable Workplace Accommodation:
 A modification that helps a person with a disability do their job.
 - Ex: Job Coach, modified work schedule, modified work equipment.



5

Working with People with Disabilities

- **Undue Hardship:** An accommodation that would place a substantial hardship on a business
- Accessible: A facility that has no barriers to entry or access
 - Handicap accessible ramps.
- Service Animal: An animal that has been trained to assist people with disabilities
- **Essential Functions:** Necessary tasks for a role that an accommodations can be developed.



Types of Employment

- Integrated Employment: When people with disabilities work alongside mostly people without disabilities
- Competitive Employment: Work where a person with a disability as someone without a disability would be paid for that role
- Supported Employment: The process of helping a person with a disability obtain and maintain employment
- Customized Employment: A way of personalizing a role to meet the needs of both the employee and employer



7

Closing

- Hiring people with disabilities can provide many benefits to your business.
- Job coaches work to ensure the satisfaction of both the employee and the employer.
- The way we talk about people with disabilities has a strong effect on them and the people around them.



Resources & Funding

- Rehabilitation Research & Training Center on Employer Practices for Individuals with Disabilities (VCU-RRTC-EP) https://ep.vcurrtc.org/
- National Institute on Disability, Independent Living, and Rehabilitation Research (Grant #90RT5041)



Working with Employment Specialists to Create A More Integrated Work Environment

Kristen Hamilton, B.S., Employment Specialist
Austin Miller, B.S.W., Employment Specialist
VCU Rehabilitation Research and Training Center

1

Understanding The Needs of The Client and Their Support Network:

- Understanding their needs around work preferences when searching for employment
- Asking for the input of their support network(s) in assessing and prioritizing these needs
- These needs vary from client to client.

Skill Building Through Project SEARCH

- Completed the school to work transition program, Project SEARCH
- The two clients completed an internship with the Materials Management department.
- Enjoyed the systematic and routine work
- Taught transferable skills that can be utilized in other community work settings





3

Finding The Right Fit For Employment

- Searching for the right position that aligns with the client's needs and skill sets
- Finding the right job is important for many reasons:
 - Enhances the client's well-being and sense of purpose
 - Fosters the goal of achieving independence
 - Aids in job retention
- Finding the right business environment and work culture



Interviewing To Onboarding

- The Vitamin Shoppe typically conducts group interviews when looking to hire.
- Touring the facility and seeing the different jobs within the warehouse
- Building relationships with Human Resources and facility managers



5

Training To Become A Health Enthusiast

- Management works with the employment specialists to foster the success of these individuals in a number of ways such as:
 - Identifying a strong Health Enthusiast mentor within the various positions
 - Being flexible with the client in the training process and with productivity requirements
 - Being open to incorporating additional training techniques for client
 - Allowing clients to cross train into other available positions to determine the best fit



Integrating Supported Employment Practices Into The Work Culture

- Open to continuing education about supported employment practices
- Supports staff on all levels to attend inclusivity trainings
- Enforces the promotion of disability awareness practices by all staff



7

Continuing A Partnership With the RRTC

- Maintains open communication
- Continuously discussing the needs of the business
- Relies on RRTC employment specialists to make a good match



Resources & Funding

Rehabilitation Research and Training Center on Employer Practices for Individuals with Disabilities (VCU-RRTC-EP) https://ep.vcurrtc.org/

National Institute on Disability, Independent Living, and Rehabilitation Research (Grant #90RT5041)



VCU Rehabilitation Research and Training Center on Employer Practices for Individuals with Disabilities

The Importance of Disability Specific Etiquette Awareness

Kristen Hamilton, M.S., Vocational Rehabilitation Counselor, VCU Bethany Moog-Ayers, B.S.W., B.A., Rehabilitation Counselor, VCU



1

VCU-RRTC

Introduction to Disability Specific Etiquette

- Important to know basic disability etiquette to serve as a guide
- Be aware that not every individual with a disability require the same type or level of support.
- Some populations of individuals with disabilities have specific considerations that are unique to their disability.



VCU Rehabilitation Research and Training Center

Visual Impairments/Vision Loss

- Some individuals may have limited sight, distorted sight, or may not be able to see at all. There are varying degrees of visual impairments.
- Visual impairments are those which cannot be corrected with the use of glasses or contact lenses.
- Some of these individuals will need written information in large print, braille, or some form of audio.



VCU Rehabilitation Research and Training Center

3

VCU-RRTC

Visual Impairments/Vision Loss

- Introduce yourself upon entering the room.
- Speak directly to the person, not to their companion.
- Do not shout when you speak. People with vision loss can often still hear
- Include details when describing things to someone with vision loss
- It is OKAY to use phrases like "nice to see you" because it is still nice to see someone even if they have vision loss

VCU Rehabilitation Research and Training Center

Auditory Disability/Deaf

- Individuals with an auditory disability may not be able to hear at all, while others may be able to hear a small amount. Hearing loss can affect one or both ears. Hearing loss can also range from mild to severe.
- Some individuals use the term "hard of hearing" to describe a person who communicates through spoken language and may use hearing aids or have cochlear implants.
- Deaf people can hear very little to not at all.
 Deaf people often use sign language to communicate.



VCU Rehabilitation Research and Training Center

5

VCU-RRTC

Auditory Disability/Deaf

- If you see two people signing with one another, do not stare. They may be having a private conversation
- Make eye contact and look at the person you're communicating with rather than the translator
- Greetings: Wave casually, not frantically, and wave in the person's peripheral vision field
- If you do know sign language it is appropriate to use; during introductions, sign your name using the alphabet.

Mobility Disability/Impairments

- A mobility disability, also referred to as a physical disability, describes an individual's inability to use one or more extremities. Mobility impairments can be conditions present at birth or the result of an injury or illness.
- A lack of strength needed to walk, grasp objects, or lift items is often a characteristic as a mobility disability. An individual with a mobility impairment may use a wheelchair, crutches, or a walker to assist with mobility.



VCU Rehabilitation Research and Training Center

7

VCU-RRTC

Mobility Disability/Impairments

- Avoid touching or leaning on an individual's wheelchair.
- Keep ramps and wheelchair accessible doors unlocked and unblocked.
- If the counter of your business is too high, walk around the counter and provide direct assistance that way.
- Be aware of people's reach limits. Place items within reach and ensure there is a clear path to travel.
- People with respiratory or heart conditions, may have mobility needs.

Verbal Expression Disability

- Some individuals may have difficulty with speaking, communicating their thoughts accordingly, and/or their speech may be difficult to understand.
- These challenges could be related to a cognitive impairment or with the physical production of sounds.
- An important consideration to note is that not every individual that has difficulty with expressive language experiences difficulty with language comprehension.



VCU Rehabilitation Research and Training Center

9

VCU-RRTC

Verbal Expression Disability

- Concentrate on what the individual is saying
- Indicate when you do or do not understand what the individual is trying to communicate
- Provide wait time for the individual to finish or repeat what they are saying
- If you are still having difficulty with understanding offer to have them communicate through another method

Developmental Disability

- Developmental disability also encompasses intellectual or cognitive disabilities.
- Individuals with a developmental disability may be impacted in a variety of ways and at different levels of severity.
- Individuals with a developmental disability may experience an impact on their physical, mental, and emotional development. The learning and processing of new information may be challenging and repetition can be helpful.



VCU Rehabilitation Research and Training Center

11

VCU-RRTC

Developmental Disability

- Provide information in clear, simple wording and use concrete concepts opposed to abstract.
- It is helpful to break down complex or lengthy instructions into smaller steps.
- Allow wait time for processing information and for the individual to generate a response.
- Ensure that the individual has an understanding of information discussed by asking them to summarize.
- Executive functioning abilities may be impaired, the use of lists and schedules are often helpful.

VCU Rehabilitation Research and Training Center

Mental Health Disability

- A mental health disability can include a broad range of diagnoses.
- Individuals with a mental health disability may have difficulty coping with the tasks and/or interactions of everyday life.
- This disability is commonly referred to as an "invisible disability".



VCU Rehabilitation Research and Training Center

13

VCU-RRTC

Mental Health Disability

- It is important to build good rapport and trust within the working relationship.
- Have an open line of communication between you and the individual.
- If the individual appears to be confused or upset, they could be overwhelmed or anxious.
- Employers and human resource personnel should be familiar with available resources

Importance of Disability Specific Etiquette Awareness

- Improve customer service and employee relations.
- Help to establish a successful relationship between stakeholders.
- Ability to identify reasonable workplace accommodations.



VCU Rehabilitation Research and Training Center

15

VCU-RRTC

Resources & Funding

- Rehabilitation Research & Training Center on Employer Practices for Individuals with Disabilities (VCU-RRTC-EP) https://ep.vcurrtc.org/
- National Institute on Disability, Independent Living, and Rehabilitation Research (Grant #90RT5041)



VCU Rehabilitation Research and Training Center

How Recruiters Can Include Individuals with Disabilities

Jaclyn Camden, M.Ed., NCC, Business Liaison Aliza Weiss, M.Ed., CRC, Career Support Specialist

Why Should Businesses Care?

1) Legislation

- a) The Americans with Disabilities Act (ADA)
- b) Section 503 of the Rehabilitation Act

2) It is good business

- a) Increase retention and decrease absenteeism
- b) Increased creativity and productivity
- c) Tax incentives
- d) Increase your bottom line



How to Reach People with Disabilities

- Marketing and Recruitment Strategies
 - Feature people with disabilities
 - Use inclusive language
 - Have accessible media and materials
 - Connect with community partners
 - Attend career fairs that target individuals with disabilities

Expanding the Applicant Pool By Expanding the Application

- Application Considerations
 - Offer more than one way to apply
 - Allow different formats of resumes

The application can encourage or discourage people from applying.

Showcasing Skills in the Interview

- · Practices good for all candidates
 - Break up questions
 - Rephrase questions
 - Adjust to best suit applicants' communication style
 - Allow a job coach to attend the interview
 - Working interview

• Business Perspectives

VCU's Center on Transition Innovations-centerontransition.org

VCU's Rehabilitation, Research, and Training Center- vcurrtc.org

Resources

- VCU's Center on Transition Innovationswww.centerontransition.org
- VCU's Rehabilitation Research and Training Center on Employer Practices for Individuals with Disabilities www.ep.vcurrtc.org
- VCU's Rehabilitation, Research, and Training Center- www.vcurrtc.org



Funding

- The VCU Center on Transition Innovations is funded by the Virginia Department of Education, #881-APE62524-H027A170107. For Further information about the Center on Transition Innovations, please visit our website
 - www.centerontransition.org
- The Rehabilitation Research and Training Center on Employer Practices for Individuals with Disabilities (VCU-RRTC-EP) is funded by the National Institute on Disability, Independent Living, and Rehabilitation Research (Grant #90RT5041). For more information visit
 - https://ep.vcurrtc.org/